

Cher WellBeing

Information About Street Cramps Charity (from Issue 5)

- **What is Period Poverty?**

Period poverty is the lack of access to proper sanitary products and is a major issue affecting many of the 50000 homeless women across the UK, yet it is often an issue overlooked when discussing homelessness.

What is Street Cramps?

Our Street Cramps Oxford movement is inspired by a girl named Bimini Love, who in her local area of Newquay raised money to help support homeless women in the area by buying them sanitary products and putting them in boxes.

At our first fundraising event, 6 other students and myself raised £150 and through our online crowdfunder page another £180. The money that we have raised will go towards buying essential sanitary products needed by homeless women including pads, tampons, wipes, deodorants, heat pads, hand sanitizer, wipes and bars of soap.

Through this campaign, we hope to help spread awareness about period poverty as well as raise enough money in order to purchase sanitary products to put into boxes and give to homeless charities around Oxford. While we realise that our street cramps campaign alone will not end period poverty, we hope to make a difference, even if it is a small one, and fight towards a world where every woman has access to essential sanitary products.

If you would like to donate or help us out we are collecting sanitary items at reception or you can donate to our crowdfunder at "Street Cramps" <http://www.crowdfunder.co.uk> Look out for our upcoming fundraisers as well!

Possible items you can donate include:

Tampons
Heat pads
Deodorant
Wipes
Bars of soap
Underwear (Small, Medium, Large)

All money will go towards buying sanitary products to help out those in need.

- Davina, Year 11 Student