

## A-level Psychology – February Mock Revision

Below is a **suggested** schedule of activities in order to structure your revision of year 12 and 13 content for **Paper 2 and 3**. Planning essay answers (both short and extended exam questions) is a highly effective method for revising, as it requires you to revisit content but also re-familiarising yourself with, and practice, exam technique. In your daily revision for psychology, we have suggested example set of questions to complete plans for with the use of the Research methods pack, the Biopsychology pack, class notes, previous exam feedback, model answers and knowledge organisers.

If you already feel confident in your knowledge of the area of focus for each day, use this model for a different essay question. You can get these questions from past exam papers, the ‘*can you*’ questions from the year 1 and 2 psychology textbooks and the range of exam style questions at the end of each chapter in the year 1 and 2 psychology textbooks).

Day	Revision Tasks
1	Focus: Biopsychology <b>5min:</b> Warm up – brainstorm everything you can remember about Localisation of function <b>10min:</b> Test yourself on relevant key terms <b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies <b>5min:</b> Break – get up and walk around, do something nice for yourself <b>20mins:</b> Plan an essay answer in detail <b>5min:</b> Speed plan the same answer from memory Practice Questions: Discuss localisation of function in the human brain (16)
2	Focus: Biopsychology <b>5min:</b> Warm up – brainstorm everything you can remember about lateralisation and split brain research <b>10min:</b> Test yourself on relevant key terms <b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies <b>5min:</b> Break – get up and walk around, do something nice for yourself <b>20mins:</b> Plan an essay answer in detail <b>5min:</b> Speed plan the same answer from memory Practice Questions: Discuss research into lateralisation and/or split brain (16)
3	Focus: Approaches <b>5min:</b> Warm up – brainstorm everything you can remember about Wundt <b>10min:</b> Test yourself on relevant key terms <b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies <b>5min:</b> Break – get up and walk around, do something nice for yourself <b>20mins:</b> Plan an essay answer in detail <b>5min:</b> Speed plan the same answer from memory Practice Questions: Outline and evaluate Wundt’s contributions in psychology (16)

4	<p>Focus: Research Methods - Complete question 10 to 20 from the 2017 A-level Psychology Paper 2. This paper has been given to you already.</p> <p><a href="https://filestore.aqa.org.uk/sample-papers-and-mark-schemes/2017/june/AQA-71822-QP-JUN17.PDF">https://filestore.aqa.org.uk/sample-papers-and-mark-schemes/2017/june/AQA-71822-QP-JUN17.PDF</a></p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about statistical analysis, means and standard deviations, type 1 and 2 errors, levels of significance and extraneous variables, graphical displays, correlations, levels of measurement.</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>30 mins:</b> Complete questions 10-20 in timed conditions</p> <p><b>10 mins:</b> Once you have done this you can take another colour pen and add to/revise your answers using your notes/textbooks.</p>
5	<p>Focus: Issues and Debates</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about ethical implications.</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss one or more ethical implications of research in psychology. Refer to at least one topic you have studied in psychology in your answer. (8)</p>
6	<p>Focus: Issues and debates</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about the nature-nurture debate</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss the nature-nurture debate in psychology (16)</p>
7	<p>Focus: Schizophrenia</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about biological explanations</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Outline and evaluate the biological explanations (16)</p>

8	<p>Focus: Schizophrenia</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about biological treatments</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Outline and evaluate the biological treatments of schizophrenia (16)</p>
9	<p>Focus: Aggression</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about psychological theories of aggression (social learning theory, frustration aggression and/or deindividuation).</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss psychological explanations of schizophrenia (16)</p>
10	<p>Focus: Aggression</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about media influences</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss media influences on aggression (16)</p>
11	<p>Focus: Gender</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about androgyny</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss the role of androgyny. Refer to research in your answer (16).</p>
12	<p>Focus: Gender</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about social learning theory in relation to gender development.</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions: Discuss social learning theory as a theory applied to gender development (16).</p>

13	<p>Focus:</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about ...</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions:</p>
14	<p>Focus:</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about ...</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions:</p>
15	<p>Focus:</p> <p><b>5min:</b> Warm up – brainstorm everything you can remember about ...</p> <p><b>10min:</b> Test yourself on relevant key terms</p> <p><b>15min:</b> Use revision cards/notes to test yourself on relevant concepts and studies</p> <p><b>5min:</b> Break – get up and walk around, do something nice for yourself</p> <p><b>20mins:</b> Plan an essay answer in detail</p> <p><b>5min:</b> Speed plan the same answer from memory</p> <p>Practice Questions:</p>